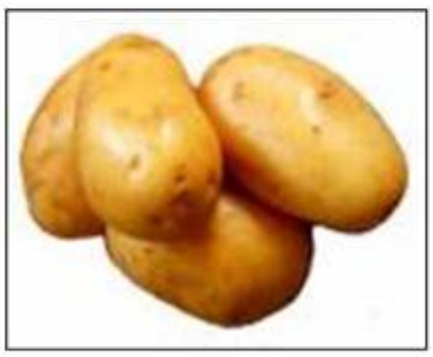
13th Annual 5K SRMC Spud Run!



COURSE DESCRIPTION:

Start at the Summersville Baptist Church & through the streets of Summersville. A mostly flat road race.

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Bathroom facilities available.

No bandits please!

Awards for 5K Run individual participants and competitive walk.

Tater Tot Trot – all children receive a participation ribbon. Children up to 12 years old may participate.

Please mail entry forms to:

Summersville Regional Medical Center
Patricia Perry
400 Fairview Heights Road
Summersville, WV 26651

400 FAIRVIEW HEIGHTS ROAD
SUMMERSVILLE, WV 26651

Summersville Regional Medical Center

13th Annual

Spud Run

5K RUN

5K WALK

TATER TOT TROT

SATURDAY

Sept. 8, 2018

REGISTER: 8:00AM

RACE

Summersville Regional Medical Center

13th annual

SRMC 5K

SPUD RUN

YOU DON'T HAVE TO RUN OR WALK!
You don't have to run or walk to enjoy the fun! Come & cheer on the participants! Volunteer to help! Everyone is welcome!

For more information contact
Patti at pperry@srmcwv.org or
(304) 872-8522

DIRECTONS

From North – take I-79 south to Rt. 19 south to Summersville turn right at the Dairy Queen: continue down Broad St. left at light, then left and the Baptist Church into the parking lot

From South on Rt 19 south to Summersville: Turn left at the Dairy Queen continue down Broad St left at light, then left at the Baptist Church into the parking lot.

EVENT SCHEDULE

Location: Summersville Baptist Church – Summersville, WV

Time: Same Day Registration begins 8:00 am

Race Date: Saturday, September 8, 2018

Race Time: 5K Run 9:00 am

5K Walk 9:05 am

Tater Tot Trot 9:10 am

Registration

$15.00 Entry Fee Payable to:
SRMC 5K Run/Walk – Deadline to ensure t-shirt is **Thursday, August 31, 2018 (Please allow 3-4 days for delivery) Race Fee is Non-Refundable.**

ALL SAME DAY REGISTRATION $20.00

All Pre-Registered Paid Participants of the 5K Run and 5K walk will receive a Race T-shirt. ***To be guaranteed a T-shirt in your size, your paid entry MUST be received by August 31, 2018.***

Same Day Registrants may receive a T-Shirt while supplies last.

All participants of the Tater Tot Trot will receive a ribbon

Age Groups
14 and under 15-20 21-25 26-30
31-35 36-40 41-45 46-50 51-55 56-60 61-65 66&up

Prizes

Overall Top Finisher Male/Female
First, Second and Third Place Finishers

Prizes for top two finishers in all age groups

Top 5 male and female walkers will receive an award

No Duplication of Awards

SIGN-UP FORM

*WAIVER: I, undersigned, waive and release myself, my heirs, executors and administrators, any and all rights and claims for damages, demands and any other actions whatsoever, which I may have against the City of Summersville, Summersville Regional Medical Center and participating sponsors and supporters of those entities, successors, representatives and assigns, arising out of my participation in this event. Should I suffer any injury or illness, I authorize officials of this race to use their discretion to have me medically treated and transported to a medical facility and I take full responsibility for this action*_____

Signature