



**15th Annual
Spud Run**

**5K RUN
5K WALK
TATER TOT TROT**

**SATURDAY
SEPTEMBER 11, 2021**

**REGISTER: 8:00 A.M.
RACE TIME: 9:00 A.M.**

**Summersville
Baptist Church
Family Life
Center**

**15th Annual
5K SRMC SPUD RUN**



COURSE DESCRIPTION:

Start at the Summersville Baptist Church & through the streets of Summersville.
A mostly flat surface road race.

- ◆ Bathroom facilities available
- ◆ No bandits please!
- ◆ Awards for 5k Run, individual participants and competitive walk.
- ◆ Tater Tot Trot- all children receive a participation ribbon. Children up to 13 years old may participate.

Please register online at:

<https://runsignup.com/Race/WV/Summersville/spudrun5k>

*Exceptional Care ~
Healthier Communities*

**New for this year,
we will do
electronic timing
for the event!!**

Event Schedule

**15th Annual
SRMC 5K
Spud Run**

YOU DON'T HAVE TO RUN OR WALK!

We want this to be an enjoyable event for all. You don't have to run or walk to enjoy the fun! Come & cheer on the participants or volunteer to help.

EVERYONE IS WELCOME!

For more information, contact Patti at: patricia.perry@wvumedicine.org or call (304) 872-8522

Directions:

Take I-79 to Rt. 19 South. In Summersville, turn right at the Dairy Queen onto Broad St., Continue on Broad St. -turning left at the light and the Baptist Church is on the left.

LOCATION:

Summersville Baptist Church—Summersville, WV

Time: Same Day Registration begins at 8:00 a.m.

Race Date: Saturday, September 11, 2021

Race Time: 5K Run 9:00 a.m.

5K Walk 9:00 a.m.

Tater Tot Trot 9:15 a.m.

REGISTRATION:

\$25.00 Entry Fee, Register at:

<https://runsignup.com/Race/WV/Summersville/spudrun5k>

SAME DAY REGISTRATION AVAILABLE

All Pre-Registered, paid participants of the 5K Run and 5K Walk will receive a Race T-shirt. To be guaranteed a T-shirt in your size, your paid entry MUST be received by August 27, 2021.

Same Day Registrants may receive a T-shirt while supplies last.

All participants of the Tater Tot Trot will receive an award.

Age Groups
14 and Under 15-20 21-25 26-30 31-35
36-40 41-45 46-50 51-55 56-60 61-65
66& up

Prizes

Overall Top Finisher Male/Female

First, Second, and Third Place Finishers

Prizes for top two finishers in all age groups

Top 3 male and female walkers will receive an award

No Duplication of Awards

All runners will start at the same time, please select the appropriate category when signing up.

SIGN-UP FORM

Sign up for:	Price	
<input type="checkbox"/> 5K Run	25.00	
<input type="checkbox"/> 5K Walk	25.00	
<input type="checkbox"/> Tater Tot Trot	10.00	
<input type="checkbox"/> Same Day Registration	25.00	
TOTAL		
Name	AGE ON RACE DAY	
Address		
Birth date	MALE / FEMALE	
(circle one)		
Method of Payment		
<input type="checkbox"/> Check Payable to SRMC 5K Run/Walk		
<input type="checkbox"/> Cash		
T-shirt size - circle one Small adult		
Med. Adult Large Adult XL Adult		
XXL Adult XXXL Adult		
Youth Small Medium Large		

WAIVER: I, undersigned, waive and release myself, my heirs, executors and administrators, any and all rights and claims for damages, demands and any other actions whatsoever, which I may have against the City of Summersville, Summersville Regional Medical Center and participating sponsors and supporters of those entities, successors, representatives and assigns, arising out of my participation in this event. Should I suffer any injury or illness, I authorize officials of this race to use their discretion to have me medically treated and transported to a medical facility and I take full responsibility for this action.

Signature

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